PERISTOMAL SKIN CARE

Crusting Technique:

1. Cleanse skin area around the stoma with water and pat dry. If there is residue from stoma paste on the skin you may roll off with a dry washcloth or leave it on the skin. Do not scrub this off. This will irritate the skin and may cause further damage. PAT THE SKIN DRY.

2. SPRINKLE Stoma Powder directly on the skin to include the open or irritated areas. Powder will not hurt the stoma if it makes contact. Dust off excess powder.

3. USE a non-alcohol skin prep pad to “blot” or “dab” gently on top of stoma powder. THIS WILL SEAL THE POWDER INTO THE SKIN. IF USING REGULAR SKIN PREP FAN THE SKIN. Regular skin prep contains alcohol and may burn. Powder will disappear/dissolve. After 10-15 seconds, a “crust” will form on the skin providing protection.

4. After area dries, pouch as usual. If the skin itches and develops an irregular rash that does not improve this may be due to yeast/candidiasis. This will require use of an antifungal powder.